

GUIDE FOR PRESCRIPTION

In order to start making your YouZee Inserts, we need your prescription for glasses as well as your pupillary distance (PD).

You can show this guide to your optician/optometrist/eye doctor to get the information needed. They can fill out the form below or print it out for you.

1. PRESCRIPTION FOR GLASSES

	Sphere, sph	Cylinder, cyl	Axis	Add*	Prism
RIGHT EYE OD	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
LEFT EYE OS	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

2. PUPILLARY DISTANCE (PD)

RIGHT EYE OD	<input type="text"/>	TOTAL PD <input type="text"/>
LEFT EYE OS	<input type="text"/>	



3. SEND US THE PRESCRIPTION

When you have your prescription ready - take a picture of it or scan it into a pdf. Reply to the confirmation email (order@youzeeshop.com) you received when you placed your order and attach the image or pdf-file containing your prescription.

If there is anything else we need, we'll get in touch right away.

Thanks // Team YouZee